

FRIDAY 9<sup>th</sup> JUNE 2017

### Short Walks on Monday

The Short Walks group will meet at the entrance of Foyle Arena at 11am on **Monday 12<sup>th</sup> June** for their walk - followed by coffee. New members are more than welcome to come along and join with the group.

### Bike Maintenance

We will hold a general Bike Maintenance Session here in the Deery Hall on **Wednesday, 21<sup>st</sup> June** from 4 – 5.30pm with Monica our Trainer and Brian from Claudy Cycles.

You will learn how to fix a puncture, adjust the seat, check your brakes and generally how to look after your bike and stay safe. All past members of the Cycle Training Sessions are especially invited along but this event is open to everyone. Please put your name on the interest sheet in the office if you are interested in attending.

### Summer Programme

Reminder that the first Summer Programme Event is on next Tuesday 13<sup>th</sup> June at 11am. The Radio Controlled Model Aeroplane Club will be here with a selection of their working models and drones. Weather permitting there will be a flight outside from one of them. All welcome to come along. £3 covers the talk and a light lunch. You can bring any of your non-U3A friends along too.

### Finance Workshops

Our member Martin McDaid has agreed to continue with his series of Financial Workshops in the new 2017-2018 season starting first Tuesday in October. I am doing a call out for topics for the new series of workshops. We definitely will have another session on Nursing Homes as that was hugely popular but please let me know if there are any other topics you want covered.

### O2 Gurus

As you may remember the O2 Gurus final session was cancelled in May.

They have been rescheduled for **Friday, 16th June at 11am** and the topic is overseas use of phone/tablet - mobile data, SIM cards etc

This topic would hold great interest for many of you at this time of the year with lots of travelling going on so we have opened out the session as a one off 'taster' open to all members. If you are interested please sign up for the session on the Interest Sheet in the office as numbers will be limited.

### Facebook Page – Closed Group

For those of you on Facebook, U3A Foyle has a Facebook page. Search *U3A Foyle Members* and request to befriend and we will do the rest. This closed group can only be seen by members so it will not come up on your public profile and no one outside the group can see anything posted on the page. We share photos from Group activities and information on events. It is another handy way to keep in touch with events within U3A Foyle.

### U3A Hillwalking Group

The next walk will be to Carntogher outside Maghera on **Monday, 19<sup>th</sup> June**. The walk is about 7 miles long on minor road, stony track and open hillside which is wet in places. There are 3 or 4 stiles. Good views of the Sperrins and further afield on a good day. Bring Waterproofs and Boots are essential. Bring a packed lunch and drinks. Meet at U3A Foyle at 9.50am for a 10am departure. For further information contact Wendy Kirk on 71345434 or Patricia Patterson on 02871348484.

### Spanish Groups

The Spanish End of Term Finale Party on **Thursday 22<sup>nd</sup> June** at 6pm. Laura will be cooking up her famous Paella. There will be Spanish Guitarist for entertainment.

### Lost Property

There is a lot of lost property in the building so if anyone is missing goods please call in and see if any of it is yours!

There is a small leather purse, a collection of umbrellas, coats, scarves, glasses and a yoga mat.

### Bon Bon Artisan Bakery

Laurent Pirone, who took the French Cookery Classes in U3A, is opening up a new Artisan Bakery today. It is a French bakery with an Irish twist selling to the public as well as the wholesale and retail market. The Bakery is situated in Glendermott Valley Business Park (Industrial Estate near Tullyally). It will be open 8am-3pm from Monday to Saturday. (Anyone visiting feel free to bring me back a pain au chocolat lol!)

### Limavady Churches Together

Limavady Churches Together, under the auspices of the Jazz & Blues Festival, are hosting The Belfast Community Gospel Choir and The Long Tower Folk Group in Christ the King Church, Scroggy Road on **Sunday, 11 June** 2017 at 7pm. Tickets £10 from Roe Valley Arts & Cultural Centre or at the door on the night.

### Foyle Civic Trust AGM

The Foyle Civic Trust will be holding their AGM on **Thursday, 15th June** at 7pm in the Verbal Arts Centre. The Guest Speaker is William Lynn and he will be speaking on the 400<sup>th</sup> Anniversary of Foyle College. All welcome.

### Seamus Heaney HomePlace Event

The Flaggy Shore - Seamus Heaney HomePlace, Bellaghy - **Saturday 10 June**, 7.30pm.

Environmentalist, teacher and painter Gordon D'Arcy will lead a unique celebration of The Flaggy Shore, the magical stretch of coastline in County Clare which features in Heaney's poem 'Postscript', at Seamus Heaney HomePlace on Saturday 10 June at 7.30pm.

Combining words, live artwork and traditional music, the event will see Gordon presenting a nature and live art workshop based on local flora and fauna and connecting Seamus Heaney's local inspiration at Lough Beg with Lough Muree (the setting for the poem) and the Flaggy Shore.

The event offers something for naturalists, historians and anyone interested in poetry and the outdoors and tickets are £10. **Book online now at [www.seamusheaneyhome.com](http://www.seamusheaneyhome.com)**

### Commissioner for Older People – Feedback on new Website

The Commissioner for Older People is officially launching a new website soon. The new website should be more accessible and easier to navigate. It is extremely important to ensure that the Commissioner's website best suits the needs of any older people who may wish to use it. With that said, we would really appreciate any feedback that you/your group may have.

If you could provide any feedback about the website by the close of next week - **Friday 16<sup>th</sup> June** – it would be appreciated by the Commissioner.

Please access the new website using this link: <http://www.copni.org/> Comments can be issued to Rebecca Kelly on 02890890897

### No name Art Sale

RNLI Lough Swilly are holding a No name Art Sale at Bishop Gate Hotel in Bishop Street, Derry on **Wednesday 14<sup>th</sup> June**.

### Japanese O-Bon Festival - Little Tokyo @ the Playtrail

There will be a Japanese Festival on **Saturday 10<sup>th</sup> June** 2017 from 5pm – 10pm

Cost - Adults £5 Children £3 Under 5s free

This traditional Japanese Festival is held to celebrate the Family and will be ood, dance and taiko drumming

Stage entertainment and cultural activities

### G4 live in concert

G4 will play live on **Saturday 9<sup>th</sup> September** 2017 in Millennium Forum. Book your tickets directly through the Forum. Prices for tickets range from £28.50 - £48.50.

### Foyle Squash

Foyle Squash club is looking for new members for the club in Brooke Park. Open to all ages and levels from Beginners to pros. If interested please call Jude on 07833197016 or contact through the Facebook page *Foyle Squash*.

### Alzheimer's Society

A Cupcake Day will be held in the Community Association in Sion Mills on **Thursday 15<sup>th</sup> June** from 10am -12noon in aid of Alzheimer's Society. All welcome.

Sion Mills Community Association, 2 Garden Road, Sion Mills.

### Public Consultation on: Draft Strategic Growth Plan & Local Development Plan

Location	Evening Meeting (LDP & SGP – Strategic Growth Plan)	Daytime Workshop (focused on LDP, as well as SGP)
Derg Valley Leisure Centre, Castlederg	7pm, Mon 19 Jun	11.15am-1pm, Tue 20 Jun
Amity House, Donemana	7pm, Tue 20 Jun	2-4pm, Wed 21 Jun
Skeoge House, Leafair, Derry	7pm, Thur 22 Jun	2-4pm, Fri 23 Jun
St. Columb's Park House, Derry	7pm, Tue 27 Jun	2-4pm, Wed 28 Jun

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### Translink Public Consultation

Please find below the days, times and venues of the Translink public consultations on the proposed changes to the bus routes/timetables in Foyle area. *Please attend one and get your voice heard.*

You will be able to speak to a Translink representative to find out more.

Dates	Time	Location
12 June	9:30 to 11am and 12:30 to 2:30pm	Foyle Street, outside library - on bus
13 June	9:30 to 11am and 12:30 to 2:30pm	Northside Shopping Centre - on bus
14 June	9:30 to 11am and 12:30 to 2:30pm	Lisnagelvin Shopping Centre - on bus
15 June	9:30 to 11am and 12:30 to 2:30pm	Eglinton Main Street - on bus
16 June	9:30 to 11am and 12:30 to 2:30pm	Nelson Drive Community Centre - on bus
19 June	9:30 to 11am and 12:30 to 2:30pm	Springtown Shopping Centre - on bus

20 June	9:30 to 11am and 12:30 to 2:30pm	Limavady Bus Centre
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Maps of new proposed routes can be downloaded from

<http://www.translink.co.uk/foylecityservices/>

**Serenity in the Garden – a talk by Margot Caldwell**

Donegal Garden Society will host an event 'Serenity in the Garden' on Monday 12<sup>th</sup> June at 7.45pm. Lifelong Gardener and U3A Member Margot has created a beautiful garden in Foxrock in Donegal. Margot will talk about her passion of colour in the garden. Entry fee 7 euros. Plant sales beforehand and refreshments served. Call John on 00353 74 97 35804 to book a place.

Regards,

Christine

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U3A Foyle is a registered charity (NIC 100018). Our registered office is U3A Foyle, Pascal McDonald House, Gransha Park, Derry~Londonderry, BT47 6TG