

## SOCIAL & RECREATIONAL

(led by a U3A Member or Independent Tutor)

ACTIVITY	DAY	WEEKLY/ MONTHLY	COST	DURATION	TIMES	LOCATION	START DATE
Angling <i>NEW</i>	Wed	One off	£20	One Off	10am - 4pm	Creggan Country Park	4 Oct 2017
<i>Learn to fly fish. All materials – rods and bait supplied. If the interest is there this could develop into a weekly or monthly visit.</i>							
Armchair Gardening Club A	Thu	Fortnightly	Nil	10	12.30-2pm	Roe Room	21 Sept 2017
Armchair Gardening B <i>NEW</i>	Thu	Fortnightly	Nil	10	2-3.30pm	Roe Room	28 Sept 2017
Book Club 1	Fri	Second Fri of month	Nil	Ongoing	2pm-3.00pm	Board Room	8 Sept 2017
Book Club 2	Wed	First Wed of month	Nil	Ongoing	2pm-3.00pm	Music Room	6 Sept 2017
Book Club 3	Tues	First Tues of month	Nil	Ongoing	12.30-1.30pm	Common Rm	3 Oct 2017
Beauty Therapy Course <i>NEW</i>	Tues	Weekly	£20	4	2pm - 4pm	Foyle Art Room	19 Sep 2017
<i>A short 4 week course giving tips on how to look after your skin, changing your make up style, nailcare and all other things beautiful!</i>							
Financial Planning Workshop	Tues	First Tues of month	Nil	Oct, Nov & Dec	2-3.30pm	Faughan Rm	30Oct, 7Nov & 5Dec 2017
Folk Club	Tues	First & Third Tues	Nil	Ongoing	2-4pm	Common Room	19 Sept 2017
French Cookery with Laurent	Thurs	Weekly	£40	4 weeks	4-6pm	U3A Kitchen	5 Oct 2017
Investment Club 1	Mon	Second Mon of mth	Sub	Ongoing	11am-1.00pm	Board Room	Ongoing
Investment Club 2	Thu	Second Thur of mth	Sub	Ongoing	2pm-3.30pm	Board Room	Ongoing
Library – Open Daily	<i>The Library is open every day to sit in and relax, wait on friends and read or borrow the Books &amp; Magazines.</i>						
Local History - <i>New Lecturers</i>	Wed	First Wed	£15	9 sessions	11am-12noon	Extension	4 Oct 2017

*There will be new Lecturers for the Group this year including Ken McCormack, Richard Doherty & Ronnie Kilgore*

Managing Long-term Illness	Fri	Weekly	Nil	6 weeks	12noon-2.30pm	Faughan Rm	13 Oct 2017
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*A 6 week self-management course for people living with a long-term health condition and/or their Carers. Western Health Trust-led*

Mindfulness Sessions	Mon	Weekly	£30	10 weeks	10-11am	Faughan Rm	9 Oct 2017
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Piano Tuition	Mon & Tues		£10 per ½ hr	Ongoing	9.30am-2.30pm	Music Room	18 Sept 2017
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Savvy Travellers	Last Wed	Monthly	Nil	Ongoing	12noon – 1.30pm	Faughan	27 Sept 2017
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Singing Tuition	Mon & Tues		£10 per ½ hr	Ongoing	9.30am-2.30pm	Music Room	18 Sept 2017
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Social Lunches	3rd Wed	Monthly	As Menu	Ongoing	12noon - 2.30pm	Various	20 Sept 2017
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Strange Chats on This & That	Wed	Second Wed	Nil	3	11am - 12noon	Extension	11 Oct
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*Once a month we will have one-off lectures by members in all sorts of weird and wonderful, off-the-wall or simply unusual stories*

Sunday Lunch Club	First Sun	Monthly	As menu	Monthly	1pm	Various	1 Oct 2017
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U3A Choir	Thurs	Weekly	£25	12	2pm - 3.30pm	Extension	21 Sept 2017
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Ukulele Beginners	Mon	Weekly	Nil	15	10.25 - 11.15am	Common Rm	18 Sept 2017
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Ukulele Improvers	Mon	Weekly	Nil	15	11.15 - 12.15pm	Common Rm	18 Sept 2017
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Ukulele for Fun	Mon	Weekly	Nil	15	12.15 - 1.15pm	Common Rm	18 Sept 2017
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Woodworking Group	Thurs	Weekly	Nil	10	10.30 - 12.30pm	Common Rm	21 Sept 2017
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